

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Club 7:30 - 8:30					
	Colouring and crafts to promote mindfulness at the start of the week.	A physical activity to get our bodies moving before we start the day.	A chance to catch up on any homework.	A team building challenge to stimulate our minds ready for a day of lessons.	A chance to catch up with your friends, read a book or
Afternoon Session 15:30 - 16:30					
	A chance to catch up on any homework.	A themed or focused craft activity.	A selection of board games will be available.	A chance to catch up on any homework.	Film Friday - chosen by the group.
Afternoon Session 16:30 - 17:30					
	A rotation of sporting challenges.	A selection of board games will be available.	A themed or focused craft activity.	A rotation of sporting challenges.	Film Friday - chosen by the group.