

St Mary's CE Middle School Subject Long Term Plan

Inspire today to shape tomorrow – Kindness, Fairness, Aspiration



Year	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
5	Boys Health Related Fitness Tag Rugby Girls Netball Health Related Fitness	Boys Team Sport Skills Team Building Girls Team Sport Skills Gymnastics	Boys Hockey Gymnastics Girls Team Building Football	Boys Badminton Lacrosse Girls Tag Rugby Badminton	Mixed Athletics	Boys Swimming Bat & Ball Games Girls Swimming Bat & Ball Games
6	Boys Health Related Fitness Tag Rugby Girls Netball Health Related Fitness	Boys Gymnastics Football Girls Hockey Gymnastics	Boys Team Building Hockey Girls Team Building Football	Boys Badminton Lacrosse Girls Tag Rugby Badminton	Mixed Athletics	Boys Swimming Bat & Ball Games Girls Swimming Bat & Ball Games
7	Boys Health Related Fitness Football Girls Netball Health Related Fitness	Boys Health Related Fitness Tag Rugby Girls Hockey Sports Acro	Boys Hockey Sports Acro Girls Lacrosse Football	Boys Badminton Lacrosse Girls Rugby Badminton	Mixed Athletics	Boys Swimming Cricket Girls Swimming Softball
8	Boys Health Related Fitness Football Girls Netball Health Related Fitness	Boys Handball Rugby Girls Hockey Sports Acro	Boys Hockey Sports Acro Girls Lacrosse Football	Boys Badminton Lacrosse Girls Rugby Badminton	Mixed Athletics	Boys Swimming Cricket Girls Swimming Softball

